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Get ready for your next team challenge!

The Explore Diverse Backgrounds Challenge starts on January 30.

Challenge dates: January 30–March 12.

In this challenge, learn more about different identities and our own biases. This will help us better understand various challenges that people with different backgrounds face. Get ready to step!

The **Explore Diverse Backgrounds Challenge** runs from January 30–March 12. Come team up with colleagues as you tour diverse backgrounds. Registration is now open!

What is it?

The Aetna Get Active – **Explore Diverse Backgrounds Challenge** is a simple, friendly competition that you can take on as a team (limited to 10 team members) and track your steps over the course of 6 weeks.

Remember, you can use the Virgin Pulse mobile app to join a challenge, chat with others and monitor your progress!

Challenge registration opens: January 16, 2023

Challenge starts: January 30, 2023

Challenge ends: March 12, 2023

Enroll Now

We're here for you.

If you have questions, just reach out to the Aetna Get Active Participant Support Team at aetnagetactive@virginpulse.com.

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